

# ITEMS FOR CHECKOUT

## TOWELS!!! SMALL OR LARGE

### STRENGTH / POWER / AGILITY / SPEED

- ROGUE OLYMPIC BAR FOR OUTDOOR USE
- WEIGHT BELTS (LARGE , XL)
- DIP BELTS
- WRIST STRAPS
- LADDERS
- SLEDS WITH WAIST BELTS OR VEST
- WEIGHT VEST (UP TO 50 LBS)
- TRX STRAPS
- AB ROLLERS
- BALANCE DISCS
- SAND BAGS (20 / 25 LBS EA)
- PERFECT PUSHUP
- JUMPROPE
- SPEED HURDLES
- SLIDEZ
- CONES (SHORT / TALL)
- MMA & BOXING GLOVES / MITS / PADS
- WOODEN PEGS - PEG BOARD ON BASKETBALL COURT
- FIT DECK CARDS
  - KETTLEBELL
  - RESISTANCE BANDS
  - BOSU BALL
  - STABILITY BALL
- EXERCISE DVDS
  - P90X
  - INSANITY
  - KETTLEBELL WORKOUTS
  - RUSHFIT
  - TRX
  - YOGA
  - ZUMBA
  - SPINNING
  - BOSU
  - SPIN PALATES

### STRETCHING / FLEXIBILITY

- YOGA BLOCKS
- ROGUE MOBILITY BANDS

### SPORTS / RECREATION

- JERSEYS AND PENNIES
- FLAG BELTS
- BASKETBALL
- VOLLEYBALL
- WALLEYBALL SET
- DODGEBALL
- FOOTBALL
- KICKBALL
- INDOOR SOCCER
- FRISBEE
- HANDBALL
- GOLF CLUBS & BALLS (FULL SET)
- TENNIS
- RACQUETBALL & EYEWEAR
- FOWLING – NEED 24 HOUR NOTICE

### RECREATION / CAMPING

- TENTS (2-3 PERSON / 4-6 PERSON)
- SLEEPING BAGS (30 DEGREE
- LED LANTERNS
- 2 BURNER STOVE (PROPANE NOT INCLUDED)
- COOLERS (110 QUART / 27.5 GALLON)
- MOUNTAIN BIKES & HELMET
  - BLUE BIKES STAY ON BASE
  - BLACK BIKES CAN GO OFF BASE
- FISHING - HOOKS & LURES NOT PROVIDED
- HORSEHOES
- LIFEJACKETS